

Emma R. Vdoviak-Markow, MA (she/her/hers)

LPCC-S, LMFT-S, NCC, ACS

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EDUCATION

Ph.D. Counselor Education, enrolled August 2022, anticipated graduation May 2026
University of New Mexico (CACREP-Accredited), Albuquerque NM
Educational Psychology Minors: Quantitative Methods in Education; Cognitive & Psychological Processes

M.A. Clinical Counseling, December 2018
Point Loma Nazarene University (WSCUC-Accredited), San Diego, CA

B.S. Communications, December 2016
Arizona State University (HLC-Accredited), Tempe AZ
Summa Cum Laude, Deans List

STATE LICENSURE

CA Licensed Professional Clinical Counselor (LPCC) – License No: LPCC 12314
Issued: September 2022, Expires: September 2025
Clinical Supervisor

Licensed Marriage and Family Therapist (LMFT) – License No: LMFT 124639
Issued: March 2021, Expires: March 2025
Clinical Supervisor

NM Professional Clinical Mental Health Counselor (LPCC) – License No. CTB-2022-0995
Issued: December 2022, Expires: September 2024
State Approved Supervisor Designation – March 2023

Marriage and Family Therapist (LMFT) – License No. CTB-2023-0187
Issued: March 2023, Expires: September 2024
State Approved Supervisor Designation – March 2023

Continuing Education Units Provider
Issued: April 2023, Expires: September 2024

CERTIFICATIONS

CCE Approved Clinical Supervisor (ACS) – License No: ACS-5115
 Issued: April 2024, Expires: April 2029

NBCC National Certified Counselor (NCC) – License No: 1727427
 Issued: August 2023, Expires: August 2028

Graduate Teaching Certificate
 Graduate Teaching Academy Scholar; University of New Mexico
 Issued: January 2024

CLINICAL COUNSELING EXPERIENCE

2022-present Private Practice, Alamea Counseling Services, Albuquerque, NM
 Providing weekly psychotherapy and counseling in person and via telehealth to children, adults, and couples experiencing anxiety, depression, post-traumatic stress symptoms, life stressors, and relational challenges.

2021-23 Licensed Clinician, Vista Hill Foundation, San Diego, CA
 As a Licensed Clinician, in addition to all responsibilities listed directly below, I also provided training and support to associate level therapists.

2019-21 Associate Clinician, Vista Hill Foundation, San Diego, CA
 Delivering weekly child and family psychotherapy to children and adolescents to increase social, emotional, and academic functioning. Maintaining a consistently high caseload utilizing CBT, DBT, and family systems theories to provide outpatient-level therapy, and creating and implementing narrative, play, and art techniques to meet client at developmental level.

2018-23 PSRS-II Counselor, New Vistas Crisis Center, San Diego, CA
 As a PSRS-II, in addition to all responsibilities listed directly below, I also provided support and case conceptualization assistance to interns and peers, and acting as Team Lead during full shifts and crisis interventions.

2018 Practicum Student, New Vistas Crisis Center, San Diego, CA
 Providing crisis intervention, individual and group psychotherapy, and case management to clients experiencing severe mental health symptoms. Intervening in crisis situations involving clients experiencing suicidality, homicidally, psychotic symptoms, and substance use issues. Utilizing Motivational Interviewing, CBT, DBT, and culturally appropriate care to assist clients with managing severe mental health symptoms.

SUPERVISION EXPERIENCE

2022-24 Manzanita Counseling Clinic, University of New Mexico, Albuquerque, NM
Supervision of clinical mental health practicum students experiencing their first clinical counseling clients.

TEACHING EXPERIENCE

2023-24 Instructor of Record, University of New Mexico, Albuquerque, NM
Teaching online undergraduate courses and completing all required duties including office hours, grading, and utilizing and setting up appropriate technology and LMS to assist students in their learning. Courses Taught: Life Designing & Career Development (COUN 2120; Summer 2023, Spring 2024); Introduction to Group Dynamics (COUN 2110; Fall 2023, Summer 2024, Fall 2024); LGBTQ Issues in Education and Human Services (COUN 330; Fall 2024)

2022-23 Teaching Assistant, University of New Mexico, Albuquerque, NM
Assisting in Clinical Mental Health Internship Classes (COUN 595), supporting instructors, setting up learning management systems (LMS), leading class meetings, grading, tracking hour logs, and coordinating with internship sites.

2022-23 Guest Lecturer, University of New Mexico, Albuquerque, NM
Lecturing and presenting on Suicidality, Self-Harm, Suicide Assessment, and Safety Planning for the Clinical Mental Health Communication Skills and pre-practicum Counseling Course (COUN 522).

GRADUATE ASSISTANTSHIP

2022-24 Manzanita Counseling Clinic, University of New Mexico, Albuquerque, NM
Managing the day-to-day clinic operations, completing administrative duties, assisting clinical practicum students, and supporting the practicum classes instructors and counselors-in-training as they provide clinical care to clients in the community.

PROFESSIONAL PRESENTATIONS

2024 AHC – Association for Humanistic Counseling, Virtual Conference
Round Table: Intentional Documentation Language

2023 AHC – Association for Humanistic Counseling, Denver, CO
Round Table: Highlighting Underrepresented Voices in Counseling

ASSOCIATIONS AND MEMBERSHIPS

ACA – American Counseling Association

ID: 6650274 Since: November 2022

NMCA – New Mexico Counseling Association

ID: #82 Since: May 2024

CCA – California Counseling Association

Since: May 2024

AAMFT – American Associate of Marriage and Family Therapy

ID: 253091 Since: March 2023

Clinical Fellow Designation – March 2023

CAAMFT – California Associate of Marriage and Family Therapy

ID: 139504 Since: January 2018

Chi Sigma Iota – Counseling Academic & Professional Honor Society International

ID: 71676 Since: February 2023

University of New Mexico

Golden Key International Honor Society

ID: 14958029 Since: November 2016

University of New Mexico

Arizona State University

Phi Eta Sigma – National Freshman Honor Society

ID: 1501731 Since: April 2012

Lynchburg College

Chapter President, January 2013 – December 2013

RELEVANT TRAININGS

Unconscious Bias and Identity, National Research Mentoring Network, May 2024

Telemental Health Provider Training, Renewed Vision Counseling Services, Jan 2024

TF-CBT: Trauma Focused Cognitive Behavioral Therapy Certification, Academy for Professional Excellence and San Diego State University, June 2020

Telehealth for Mental Health Professionals, March 2020, PESI

Psychological First Aid, National Child Traumatic Stress Network, April 2020

Therapeutic Art Interventions for Children and Teens: Creative and Mindfulness-Based Techniques for Trauma, Anxiety, ADHD and More, PESI, Nov 2019,

Mindfulness Based Stress Reduction (MBSR), PESI, April 2017